MEMORY, TRAUMA, DISSOCIATION AND AMNESIA

OLLI AT ILLINOIS

SPRING SEMESTER 2020

MORE CONVERSATION, ANYONE?

• IF ANYONE WOULD LIKE TO JOIN ME FOR CONVERSATION (AND MAYBE SOME BEER OR WINE) AFTER THE CLASS, PLEASE COME FIND ME AT THE END OF CLASS. EVERYONE IS WELCOME.

PLAYERS IN THE CREATION OF NARRATIVE

- THE SUBJECT/SYBIL ANN DORSET AKA SHIRLEY ARDELL MASON
- THE OBSERVER / PSYCHIATRIST DR CORNELIA WILBER
- THE INTERPRETER / FLORA RHETA SCHREIBER, JOURNALIST
 - STEWART STERN, TELESCRIPT WRITER
- THE RECORDER / LORIMER PRODUCTIONS



SYBIL / THE BOOK

- PUBLISHED IN 1973
- SUBTITLED: THE CLASSIC TRUE STORY OF A WOMAN POSSESSED BY SIXTEEN PERSONALITIES.
- BASED ON A 14 YEAR ANALYSIS (COURSE OF PSYCHOTHERAPY)
- PATIENT: SHIRLEY ARDELL MASON
- THERAPIST: DR. CORNELIA (CONNIE) WILBER
- WRITTEN BY FLORA RHETA SCHREIBER, A JOURNALIST/WRITER AND PROFESSOR OF ENGLISH AND SPEECH AT JOHN JAY COLLEGE OF CRIMINAL JUSTICE IN NEW YORK.

SYBIL

A STUDY IN HOW A NARRATIVE GETS SHAPED AND WHAT HOLLYWOOD DOES TO THAT NARRATIVE

JOANNE WOODWARD AS DR. CORNELIA WILBER

SALLY FIELD AS SYBIL DORSETT / SHIRLEY MASON

SHOWN ON NETWORK TV ON NOVEMBER 14-15, 1976

MADE FOR TV BY LORIMAR PRODUCTIONS

TELEPLAY BY STEWART STERN

DISTRIBUTED BY WARNER BROTHERS TELEVISION DISTRIBUTION

WON 5 EMMYS IN 1977 AND A PEABODY AWARD

ARTISTIC LIBERTIES IN THE FILM

- RICHARD IS A MADE UP CHARACTER. THERE IS A ROMANTIC INTEREST, RAMON, WHO IS TALKED ABOUT IN CHAPTER 31 OF THE 32 CHAPTERS.
- WILBUR DID NOT TRAVEL TO CHICAGO AND "WISCONSIN" TO INVESTIGATE SYBIL'S HISTORY
- THE CONFRONTATION BETWEEN WILBUR AND SYBIL'S FATHER TOOK PLACE IN NEW YORK AND WILBUR GOT HIM TO ADMIT THAT HATTIE WAS DIAGNOSED AS SCHIZOPHRENIC WHEN SHE WAS HOSPITALIZED.
- THE DEPICTION OF THE TRAUMA WERE CLUMPED AT THE END OF THE MOVIE FOR 'DRAMATIC EFFECT'.
- THE INTEGRATION SCENE IN THE PARK WAS 'POETIC LICENSE.' THE ACTUAL INTEGRATION PROCESS TOOK PLACE IN WILBUR'S OFFICE OVER A PERIOD OF FIVE YEARS, ALMOST HALF OF THE 11 YEARS OF THE THERAPY.



- SHIRLEY ARDELL MASON'S?
- CORNELIA WILBER'S?
- FLORA SCHREIBER'S?
- STEWART STERN'S?



WHAT DOES THIS STORY TEACH US?

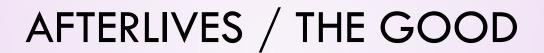
- ABOUT DID
- ABOUT HOW IT IS PORTRAYED IN THE MEDIA
- ABOUT HOW IT IS UNDERSTAND BY MOST PEOPLE



- THE THERAPY ENDED IN SEPT 1965
- SYBIL/SHIRLEY'S LEASE WAS UP THE END OF THE MONTH AND SHE SPENT TWO WEEK STAYING WITH FLORA
- IN MID OCTOBER, SHIRLEY LEFT FOR PENNSYLVANIA WHERE SHE HAD GOTTEN A JOB AS AN OCCUPATIONAL THERAPIST
- AT THE SAME TIME, CORNELIA MOVED TO WEST VIRGINIA FOR A JOB IN A STATE PRISON
- LATER SHE TAUGHT AT THE UNIVERSITY OF KENTUCKY IN LEXINGTON
- THEN SHIRLEY MOVED TO LEXINGTON AND TAUGHT AT A COMMUNITY COLLEGE IN OHIO
- FLORA SCHREIBER CONTINUED TO LIVE AND WORK IN NEW YORK

END OF LIVES

- FLORA SCHREIBER DIED IN 1988
- SHIRLEY WAS DIAGNOSED WITH CANCER IN 1990, DECLINED TREATMENT, AND IT WENT INTO REMISSION
- IN 1991, WILBUR DEVELOPED PARKINSON'S AND SHIRLEY MOVED IN WITH HER AND CARED FOR HER TILL HER DEATH IN 1992
- SHIRLEY DIED IN 1998 IN HER OWN HOME IN LEXINGTON
- WHEN HER HOUSE WAS BEING PREPARED FOR AN ESTATE SALE, A CACHE OF OVER 100
 PAINTING WAS FOUND IN A LOCKED CLOSET IN HER BASEMENT. THEY SPANNED THE YEARS
 FROM 1947 TO 1965. THEY BECAME KNOWN AS THE HIDDEN PAINTINGS. THERE IS A WEBSITE WHERE PRINTS OF THE PAINTINGS ARE AVAILABLE FOR SALE.



- IN 2011, A BOOK ENTITLED SYBIL IN HER OWN WORDS WAS PUBLISHED BY PATRICK SURACI, A
 PSYCHOLOGIST WHO TAUGHT AT JOHN JAY COLLEGE AND MET FLORA SCHREIBER THERE IN
 1973 JUST AFTER THE PUBLICATION OF THE BOOK. WHEN SCHREIBER DIED, HE FOUND
 SHIRLEY'S NAME ON THE BACK A PAINTING THAT FLORA HAD BEQUEATHED TO HIM AND HE
 TRACKED HER DOWN IN LEXINGTON / SEE YOUTUBE CLIP OF HIM
- IN 2013, A BOOK ENTITLED AFTER SYBIL: FROM THE LETTERS OF SHIRLEY MASON WAS
 PUBLISHED BY NANCY PRESTON, WHO MET MASON IN 1970 AS A STUDENT IN MASON'S ART
 CLASS AT RIO GRANDE COLLEGE IN OHIO. THEY BECAME FRIENDS AND MET PERIODICALLY
 AND CORESPONDED FOR THE REST OF SHIRLEY'S LIFE. THE BOOK CONTAINS FACSIMILES OF
 LETTERS AND PICTURES OF SHIRLEY'S PAINTINGS.

THE BAD AND THE UGLY

ACCORDING TO PARICK SURACI: (ARTICLE ON HUFFPOSST, WHERE SURACI IS DESCRIBED AS A CONTRIBUTOR)

ATTACKING THE VERACITY OF SYBIL PUBLISHED IN 1973 DID NOT BEGIN UNTIL APRIL 24,1997, WHEN DR. HERBERT SPIEGEL GAVE AN INTERVIEW TO THE NEW YORK REVIEW OF BOOKS. HE STATED THAT SYBIL WAS NOT A MULTIPLE, BUT RATHER AN HYSTERIC. HE CLAIMED TO HAVE HYPNOTIZED HER, PERFORMED REGRESSION STUDIES AND FILMED HER FOR THE CLASS HE TAUGHT AT COLUMBIA UNIVERSITY, THUS, DISCOVERING THAT SYBIL'S THERAPIST, DR. CORNELIA WILBUR, HAD BEEN: "HELPING HER (SYBIL) IDENTIFYING ASPECTS OF HER LIFE, OR PERSPECTIVES, THAT SHE THEN CALLED BY NAME. BY NAMING THEM THIS WAY SHE WAS REIFYING A MEMORY OF SOME KIND AND CONVERTING IT INTO A 'PERSONALITY'..." IN FACT, HE ACCUSED DR. WILBUR OF IMPLANTING FALSE MEMORIES, GIVING CREDENCE TO THIS DEVELOPING FANATICAL MOVEMENT.

SO SYBIL WAS A 'BRILLIANT HYSTERIC" AND WAS NOT MULTIPLE. THIS TERMS WAS LATER USED IN MANY OF THE ALLEGATIONS AGAINST WILBUR AND SCHREIBER. WHAT DOES THAT MEAN?

DOES BEING AN HYSTERIC RULE OUT HAVING DID?



HYSTERIA / HYSTERIC

- HYS·TE·RI·A /HƏ'STIRĒƏ,HƏ'STERĒƏ/
- NOUN
- EXAGGERATED OR UNCONTROLLABLE EMOTION OR EXCITEMENT, ESPECIALLY AMONG A GROUP OF PEOPLE.
- "THE MASS HYSTERIA THAT CHARACTERIZES THE WEEK BEFORE CHRISTMAS"
- SIMILAR: FRENZY WILDNESS FEVERISHNESS LOSS OF CONTROL PANIC
 - PSYCHIATRY
- A PSYCHOLOGICAL DISORDER (NOT NOW REGARDED AS A SINGLE DEFINITE CONDITION) WHOSE SYMPTOMS
 INCLUDE CONVERSION OF PSYCHOLOGICAL STRESS INTO PHYSICAL SYMPTOMS (SOMATIZATION), SELECTIVE
 AMNESIA, SHALLOW VOLATILE EMOTIONS, AND OVERDRAMATIC OR ATTENTION-SEEKING BEHAVIOR. THE TERM
 HAS A CONTROVERSIAL HISTORY AS IT WAS FORMERLY REGARDED AS A DISEASE SPECIFIC TO WOMEN.



MORE OF THE UGLY / SURACI

- WHEN I ASKED DR. SPIEGEL FOR THE FILM HYPNOTIZING SYBIL, HE SAID HE COULD NOT FIND IT. WHEN ASKED WHY HE HAT WAITED 24 YEARS TO REPORT THIS SO-CALLED FRAUDULENT CASE, HE SAID NO ONE HAD EVER ASKED HIM ABOUT SYBIL. HE MADE NO MENTION OF THE AMERICAN PSYCHIATRIC ASSOCIATION'S CODE OF ETHICS REQUIRING US TO IMMEDIATELY REPORT ANY GROSSLY DISTORTED, FRAUDULENT RESEARCH.
- THESE FACTS WERE OMITTED FROM THE REPORT ON DR. SPIEGEL IN AN ARTICLE "A GIRL NOT NAMED SYBIL" ABOUT THE BOOK SYBIL EXPOSED BY DEBBIE NATHAN IN THE NEW YORK TIMES MAGAZINE OF OCTOBER 16, 2011.



- AUDIOTAPES OF RECORDED CONVERSATIONS BETWEEN SCHREIBER AND WILBUR WERE EXAMINED BY <u>HERBERT SPIEGEL</u> AND LATER BY <u>JOHN JAY COLLEGE OF CRIMINAL</u> JUSTICE ACADEMIC ROBERT W. RIEBER.
- BOTH PROFESSIONALS CONCLUDED THAT WILBUR SUGGESTED MULTIPLE PERSONALITIES TO HER CLIENT, WHOM THEY SAW AS A SIMPLE "HYSTERIC". THEIR "SMOKING GUN" PROOF OF THIS CLAIM IS A SESSION TAPE IN WHICH WILBUR IS HEARD DESCRIBING TO MASON THE PERSONALITIES SHE HAS ALREADY SEEN MASON EXHIBIT.
- SPIEGEL AND RIEBER ALSO CLAIM THAT WILBUR AND SCHREIBER FABRICATED MOST OF THE BOOK, WHICH IS NOT A PSYCHIATRIC CASE HISTORY AS WOULD APPEAR IN A PEER-REVIEWED JOURNAL BUT A FICTIONALIZED NARRATIVE. MANY DETAILS OF THE REAL CASE WERE CHANGED OR REMOVED TO PROTECT MASON'S PRIVACY.[4]

DEBBIE NATHAN / AUTHOR OF SYBIL EXPOSED

(HERE'S WERE IT GETS REALLY UGLY)

- DEBBIE NATHAN IS AN INVESTIGATIVE REPORTER WHO NATHAN'S BOOK WAS
 PUBLISHED IN 201. SHE WROTE AT LEAST THREE BOOKSWITH A FOCUS ON CULTURAL
 AND CRIMINAL JUSTICE ISSUES CONCERNING ABUSE OF CHILDREN, PARTICULARLY
 ACCUSATIONS OF <u>SATANIC RITUAL ABUSE</u> IN SCHOOLS AND CHILD CARE
 INSTITUTIONS. SHE ALSO WRITES ABOUT IMMIGRATION, FOCUSING ON WOMEN
 AND ON DYNAMICS BETWEEN IMMIGRATION AND SEXUALITY. NATHAN'S WRITING
 HAS WON A NUMBER OF AWARDS
- SHE APPEARS IN THE 2003 OSCAR-NOMINATED FILM <u>CAPTURING THE</u>

 FRIEDMANS. SHE HAS BEEN AFFILIATED WITH THE <u>NATIONAL CENTER FOR REASON</u>

 AND JUSTICE, WHICH, AMONG OTHER THINGS, PROVIDES SUPPORT TO PERSONS

 WHO MAY HAVE BEEN WRONGLY ACCUSED OF SEXUAL ABUSE. [6]
 - WIKIPEDIA PAGE



MORE OF THE REALLY UGLY

SURACI REPORTS: "AFTER MS. NATHAN RECEIVED MANY NEGATIVE CRITICISMS OVER HER INACCURACIES AND FABRICATIONS IN SYBIL EXPOSED, A FACT CHECKER FROM THE TIMES CLAIMED SHE HAD VERIFIED THE DOCUMENTS IN THE SCHREIBER ARCHIVES IN THE SPECIAL COLLECTIONS LIBRARY AT JOHN JAY COLLEGE. THE SIGN-IN BOOK, WHICH IS METICULOUSLY GUARDED, REQUIRES A PERSON'S SIGNATURE AND DATE. THERE IS NO SUCH ENTRY FROM THIS FACT CHECKER."

NATHAN'S BOOK WAS PUBLISHED IN 2012. IN 2014 THE NYTIMES PRODUCED A <u>RETRO REPORT</u> VIDEO ENTITLED: SYBIL: A BRILLIANT HYSTERIC? THE REPORTS ON THIS WHOLE CONTROVERSY AND SEEMS TO SLANTED TO FAVOR THE HERBERT SPIEGEL / DEBBIE NATHAN CROWD BUT ALSO HAS INTERESTING FOOTAGE OF AN INTERVIEW WITH HERBERT'S SON IS DOES RESEARCH ON DID.

WE WILL WATCH THE VIDEO IF TIME PERMITS.

QUESTIONS ABOUT MOTIVES AND TECHNIQUE

- WHY WOULD CORNELIA WILBER SPEND 14 YEARS ON ONE PATIENT (MUCH OF WHICH WAS PRO BONO WORK) IF HER PRIMARY MOTIVE CREATING A SENSATIONAL STORY OF MPS TO ENHANCE HER PROFESSIONAL REPUTATION AND MAKE A LOT OF MONEY BY PUBLISHING A BOOK?
- WAS SHE DELUDING HERSELF? AND SYBIL? AND FLORA?
- WHAT'S WRONG WITH HAVING A DISCUSSION WITH A CLIENT/PATIENT ABOUT WHAT YOU
 HAVE LEARNED SO FAR?
- IS HYSTERIA A VALID DIAGNOSIS
- DOES BEING A HYSTERIC RULE OUT THE POSSIBILITY OF HAVING DID/MPD.

DEBBIE NELSON'S MODE OF OPERATION

- EXAMINATION OF SELECT QUOTES FROM SYBIL EXPOSED
- NELSON USES DOCUMENTABLE FACTS AND THEN LAYERS THEM WITH INUENDO
- SHE PAINTS SYBIL/SHIRLEY AS A TRAGIC YOUNG WOMAN IN NEED OF A MOTHER AND
- SHE PAINTS CORNELIA WILBUR AS AN AMBITIOUS WOMAN WHO WANT PROFESSIONAL FAME
 TO COMPENSATE FOR THE LACK OF SUPPORT FROM HER PARENTS WHEN SHE WANTED TO
 GO TO MED SCHOOL AND THEY DISCOURAGED HER.
- NELSON PLAYS UP THE TRANSFERENCE/COUNTERTRANSFERENCE IN THE RELATIONSHIP AND IMPLIES THAT IT FED TO CREATION OF FALSE DETAILS / LIKE MULTIPLE PARTS

WHAT'S MOTIVATING THE SPIEGAL AND NATHAN ATTACKS ON SYBIL

- THE MEMORY WARS / A BATTLE THAT RAGED DURING THE 1990S AND IS STILL GOING ON IN CERTAIN CIRCLES
- AT THE CENTER OF THE CONTROVERSY IS THE **FALSE MEMORY SYNDROME FOUNDATION**, WHICH CAME INTO BEING AROUND THE EXPERIENCES OF THE FREYD FAMILY
- AROUND 1990, JENNIFER FREYD, A RESEARCH PROFESSOR AT THE UNIVERSITY OF OREGON, SEVERED TIES WITH HER PARENTS, STATING THAT A RECENT THERAPY HAD UNCOVERED MEMORIES OF HER FATHER, MATHEMATICS PROFESSOR PETER J. FREYD, ABUSING HER DURING HER CHILDHOOD. HER PARENTS, PAMELA AND PETER FREYD, DISPUTED FREYD'S CLAIMS OF SEXUAL ASSAULT, AND CO-FOUNDED THE FALSE MEMORY SYNDROME FOUNDATION IN 1992, WHICH HAS BEEN DESCRIBED AS A US "ADVOCACY GROUP [...] FOR PEOPLE CLAIMING TO HAVE BEEN WRONGLY ACCUSED OF PHYSICAL AND SEXUAL ABUSE.". THREE YEARS AFTER ITS FOUNDING, IT HAD MORE THAN 7,500 MEMBERS.
- THE FALSE MEMORY SYNDROME FOUNDATION WAS DISSOLVED ON DECEMBER 31, 2019.

JENNIFER FREYD

- FREYD HAS RESEARCHED AND WRITTEN EXTENSIVELY ON SEXUAL

 ABUSE AND MEMORY. FREYD'S INITIAL EMPIRICAL DISCOVERY OF REPRESENTATIONAL

 MOMENTUM LED TO HER FURTHER EXPLORE THE RELATIONSHIP BETWEEN TRAUMA

 MEMORIES AND THE ELEMENT OF BETRAYAL. FREYD INTRODUCED THE FOLLOWING ORIGINAL

 CONCEPTS TO THE TRAUMA LITERATURE: BETRAYAL TRAUMA, DARVO, INSTITUTIONAL BETRAYAL,

 AND INSTITUTIONAL COURAGE.
- BETRAYAL TRAUMA IS DEFINED AS A TRAUMA PERPETRATED BY SOMEONE WHOM THE VICTIM IS CLOSE TO AND RELIANT UPON FOR SUPPORT AND SURVIVAL. IN BETRAYAL TRAUMA THEORY (BTT), A BETRAYAL TRAUMA OCCURS WHEN PEOPLE OR INSTITUTIONS ON WHICH A PERSON RELIES FOR PROTECTION, RESOURCES, AND SURVIVAL VIOLATE THE TRUST OR WELL-BEING OF THAT PERSON. BTT EMPHASIZES THE IMPORTANCE OF BETRAYAL AS A CORE ANTECEDENT OF DISSOCIATION IMPLICITLY AIMED TO PRESERVE THE RELATIONSHIP WITH THE CAREGIVER. BTT SUGGESTS THAT A CHILD WHO IS DEPENDENT ON THEIR CAREGIVER FOR SUPPORT WILL HAVE A HIGHER NEED TO DISSOCIATE TRAUMATIC EXPERIENCES FROM CONSCIOUS AWARENESS.

MORE OF FREYD'S RESEARCH

- DARVO IS AN ACRONYM USED TO DESCRIBE A COMMON STRATEGY OF ABUSERS. THE ABUSER MAY: **D**ENY THE ABUSE EVER TOOK PLACE, **A**TTACK THE VICTIM FOR ATTEMPTING TO HOLD THE ABUSER ACCOUNTABLE; AND CLAIM THAT THEY, THE ABUSER, ARE THE REAL VICTIM IN THE SITUATION, THUS **R**EVERSING THE **V**ICTIM AND **O**FFENDER.
- INSTITUTIONAL BETRAYAL REFERS TO "WRONGDOINGS PERPETRATED BY AN INSTITUTION UPON INDIVIDUALS DEPENDENT ON THAT INSTITUTION, INCLUDING FAILURE TO PREVENT OR RESPOND SUPPORTIVELY TO WRONGDOINGS BY INDIVIDUALS (E.G. SEXUAL ASSAULT) COMMITTED WITHIN THE CONTEXT OF THE INSTITUTION" IT IS AN EXTENSION OF BETRAYAL TRAUMA THEORY. IN A 2013 STUDY, CARLY P. SMITH AND JENNIFER FREYD DOCUMENTED THE PSYCHOLOGICAL HARM CAUSED BY INSTITUTIONAL BETRAYAL. FREYD AND SMITH DEVELOPED THE INSTITUTIONAL BETRAYAL QUESTIONNAIRE (IBQ), NOW IN ITS SECOND EDITION, TO MEASURE INSTITUTIONAL BETRAYAL ACROSS A VARIETY OF INSTITUTIONAL CONTEXT



MORE LATER

• I'M THINKING ABOUT USING SOME OF THE SESSION ON MARCH

13 TO A MORE EXTENSIVE EXPLORATION OF THE **FALSE MEMORY SYNDROME MOVEMENT** AND IT'S IMPACT ON THE MENTAL HEALTH

COMMUNITY AND THOUSANDS OF PEOPLE WHO HAVE

EXPERIENCE THE RECOVERY OF REPRESSED MEMORIES.



COMING ATTRACTIONS

- AT LAST, A NARRATIVE . . .
- WITH NO CONFUSING STORY LINES
- NO CONTROVERSIES, SO FAR
- NO KNOWN REAL PERSON ON WHOM THE STORY IS BASED, AS YET

SO>>>>NEXT WEEK / FRANKIE AND ALICE





DISSOCIATIVE PHENOMENA

BASED ON A LIST BY MARTHA STOUT IN THE MYTH OF SANITY, PAGES 217-221

- 1. DAYDREAMING
- 2. LOSING ONESELF IN A STORY, BOOK, OR MOVIE
- 3. BRIEF PHASING OUT / SUCH AS STAGE FRIGHT OR ANXIETY RESULTING IN MOMENTARY AMNESIA
- DISTRACTION FROM PRESENT REALITY, USUALLY INVOLVING SOME EMOTIONAL STATE
- 4. HABITUAL DISSOCIATIVE REACTIONS
- BEING ABSENTMINDED, IN YOUR OWN WORLD
- 5, DISSOCIATION FROM FEELING STATES
- NOT BEING AWARE OF EMOTIONS THAT MAY ACTUALLY BE NOTICEABLE TO OTHERS
- 6. INTRUSION OF DISSOCIATED EGO STATES
- SUDDEN EMOTIONAL REACTIONS THAT ARE INCONGRUENT OR OUT OF PROPORTION TO THE PRESENT REALITY
- 7. DEMIFUGUE
- FEELING ABSENT FROM SELF OR PRESENT REALITY
- MARKED BY A SENSE OF DEREALIZATION / THE FOGGY SENSE THAT YOUR SURROUNDING ARE NOT REAL OR THAT YOU ARE NOT CONNECTED TO THEM

- OR DEPERSONALIZATION / THE VAGUE SENSE THAT YOUR BODY AND YOUR SELF AREN'T REAL OF CONNECTED TO CURRENT CONSCIOUSNESS.
- 8. TRAUMATIC AMNESIA
- INABILITY TO RECALL THE CIRCUMSTANCES AND/OR DETAILS OF A TRAUMATIC EXPERIENCE, LIKE AN INJURY, A MOMENT OF OVERWHELMING EMOTION,
 THE EXPERIENCE OF CHILDHOOD ABUSE, ETC.
- 9. FUGUE STATE
- TOTAL LACK OF RECALL FOR EVENTS FROM A PARTICULAR PERIOD OF TIME
- RELATED TO TRAUMATIC AMNESIA BUT OCCURRING IN THE PRESENT /
- FOR INSTANCE, FINDING YOURSELF IN A PLACE AND NOT REMEMBERING HOW YOU GOT THERE OR HOW LONG IT'S BEEN SINCE YOU ARRIVED, AND WHAT HAPPENED IN THAT TIME..
- 10. DISSOCIATIVE IDENTITY, FORMERLY MPD / PARTS OR ALTERS
- A CONSISTENT PATTERN OF CHANGING EGO STATES THAT ARE NOT CONSCIOUSLY CONNECTED.